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SESAME SEED



ANS Enterprises focus on exporting sesame seeds from Pakistan. Sesame seeds indeed have a rich history and versatile uses in various cuisines worldwide. They're valued not only for their flavor but also for their nutritional benefits and the oil they produce.If you're looking to emphasize these points in your promotional material or company profile, highlighting the nutritional value, culinary versatility, and historical significance of sesame seeds can be compelling for potential customers or partners. Additionally, mentioning the reliability and quality of your export services could further establish ANS Enterprises as a trusted supplier in the global market.

At ANS Enterprises, we specialize in exporting two types of sesame seeds:

- Black Sesame Seeds:** Grown extensively in Asia, black sesame seeds have gained global popularity due to their numerous health benefits. ANS Enterprises is recognized as one of the leading exporters of black sesame seeds in Pakistan, ensuring superior quality and freshness in every batch.
- White Sesame Seeds (Till):** White sesame seeds, locally known as "till," are an essential ingredient in Pakistani cuisine, enhancing the flavor and nutritional value of various dishes. ANS Enterprises prides itself on being a major exporter of white sesame seeds, known for their irresistible taste and beneficial properties. They are a popular winter snack in Pakistan and are valued for their ability to generate heat and energy in the body, along with their beauty and health benefits.

SPECIFICATION

S.NO	PARAMETERS	LIMITS	ACTUAL ANALYSIS RESULTS
1	PURITY	99.98% MIN	99.98%
2	OIL CONTENTS	48% MIN	56.31%
3	MOISTURE	6% MAX	3.06%
4	FFA	1.5% MAX	0.41%
5	TOTAL AFLATOXIN	ACTUAL	<1.40 PPB
6	SALMONELLA	ACTUAL	ABSENT

PACKAGING

- **Jute Bags:** Fresh sesame seeds are available in 75 kg, 50 kg, and 25 kg jute bags. Jute bags are known for their durability and natural fiber properties, ideal for preserving the freshness of sesame seeds.
- **HDPE/Polypropylene (PP) Bags:** Available in 50 kg and 25 kg sizes, HDPE/PP bags provide sturdy and moisture-resistant packaging for sesame seeds. These bags ensure the seeds remain intact and protected during storage and transport.
- **Multi-Layer Paper Bags:** Multi-layer paper bags are offered in various weights including 25 kg, 50 lbs (approximately 22.7 kg), and 25 lbs (approximately 11.3 kg). These bags are designed to maintain the quality of sesame seeds while providing convenient handling and storage options.

SESAME SEEDS USES AND BENEFITS

- **Rich in Essential Nutrients:** Natural sesame seeds are packed with essential minerals such as calcium, iron, magnesium, phosphorus, and vitamin B1. They also provide fatty acids and Omega-6, contributing to a balanced diet.
- **Versatile Culinary Uses:** These crisp white seeds add a distinct flavor to salads, breads, buns, and baked goods. They are essential in Pakistani cuisine, widely used in curries and tahini.
- **Digestive Health Benefits:** Sesame seeds help improve digestive health and are often used in margarine, salad oils, and healthy cooking practices in Pakistan.
- **Nutritional Powerhouse:** They are a rich source of minerals, fiber, protein, antioxidants, B vitamins, and healthy fats. Regular consumption can help lower cholesterol, regulate blood sugar levels, and alleviate arthritis pain.
- **Calcium-Rich Option:** Both black and white sesame seeds are particularly beneficial for vegans due to their high calcium content.
- **Liver Health:** Sesame seeds contain antioxidants that help prevent oxidative damage to the liver.

At ANS Enterprises, we take pride in sourcing and delivering the finest sesame seeds directly to your doorstep. Our Quality Assurance Team ensures that only the highest quality seeds are selected and processed with minimal human intervention to eliminate contamination risks. We are committed to fostering long-lasting relationships with our clients, offering unmatched quality at competitive prices.

For more information about our sesame seed varieties and specifications, please contact us. We look forward to serving you with integrity and transparency.



WHITE (HULLED) SESAME SEEDS

Hulled sesame seeds are a versatile staple for home cooks, prized for their all-natural, raw form where the hull is removed to provide a uniform appearance and texture. These seeds are essential for creating homemade tahini paste, a creamy addition to sauces, dips, and dressings in Mediterranean and Middle Eastern cuisines. Beyond tahini, they add a delightful nutty crunch when sprinkled over breads, baked goods, and as garnishes for salads and stir-fries. Their rich flavor and nutritional benefits make hulled sesame seeds a must-have ingredient for enhancing both the taste and presentation of homemade dishes throughout the year.



NATURAL SESAME SEEDS

Natural sesame seeds are prized for their nutritional richness, retaining their nutritional hull to protect delicate omega fats from oxidation. They offer a distinct nutty flavor and are an excellent source of omega-6 fatty acids, antioxidants, and protein. Unhulled sesame seeds, with their unique and intense taste, are perfect for sprouting and make a delightful addition to raw breads, cookies, and breakfast cereals. Sesame seeds are not only flavorful but also nutritious, enhancing both the taste and health benefits of various dishes. Their versatility makes them a popular choice in both culinary and health-conscious contexts.



BLACK SESAME SEEDS

Black sesame seeds offer a robust alternative to their white counterparts, retaining their hulls for a stronger flavor and aroma. Known for their rich nutty taste, they serve as a flavorful addition to various dishes such as curries or can be enjoyed straight from the pack as a protein-rich snack. These seeds also enhance the visual appeal and nutritional value of salads or stir-fries when sprinkled generously. Popular in Asian cuisine and versatile enough for baking, black sesame seeds are a versatile ingredient that adds depth and character to culinary creations.

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